



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FAT PANTS FIT CLUB

Name _____ Age _____

Primary Phone # _____ Secondary Phone# _____

Email Address _____

My health and fitness goals are (circle one)

Lose weight Have fun Maintain Fitness

Describe prior workout experience (circle one)

This is new to me 1-3 years 4+ years

I prefer to work out in the (circle one):

Morning Evening

